

Explore, Learn and Grow Together

## Suggested possible structure of a week's learning activities

9.00 – 9.30	Physical Activity – suggestions include PE live with Joe Wicks (link available on the website).
9.30 – 10:30	Reading/phonics/writing activities.
10.30 – 11.00	Break
11.00 – 12.00	Maths based activities.
12.00 – 1.00	Lunch
1.00 – 2.30	Project work from the weekly planning as and when appropriate.