News from Glendale Community Middle School

March





Testing Times....

Here is our fantastic in-school testing team. Volunteers from the staff were joined by parental volunteers to create our team of top testers back at the start of January. They all passed the special training with flying colours and gave their time most generously. By stepping forwards they enabled us to rapidly establish and operate in-school testing across the last 3 months here in school for our older Glendale pupils and for all staff across the nursery, first and middle schools. Although in-school testing finished on 11th March as we moved to home testing the team remains on stand-by should we need to again provide testing in school for pupils and staff.

Its is tricky to single out individuals for particular recognition as everyone here across our schools continues to respond magnificently to the challenges of the pandemic. However we would like to say a special **THANK YOU** to the team, without them we would have really struggled to manage testing in school this term.



The top team behind the masks are:

Gillian Brown, Adrienne Harrison, Wendy Turnbull, Vickie Grey, Joan Ross, Richard Lowrey, Yas Darling, Leanne Bell, Hannah Humphreys, Justine Brown & Sara Elliot (who was not able to join us for the photograph).

Sports & Fitness

Being outside, getting fit and staying healthy are all important parts of getting everyone back into school this term. We have been incorporating fitness sessions into our P.E. lessons across the week at school to help everyone to increase levels of activity and recover lost fitness from the lockdowns of the last 12 months. We have been using the Glendale Challenge along with strength and stamina exercises to get fit. It has been great to see all of the children active and having fun together in their bubbles as they push themselves to improve their strength, stamina and teamwork again. We have also been discussing general health, a healthy diet and what the children can be doing to keep fit and healthy in body and mind over the coming weeks - particularly over Easter and as they return to school for the summer term.











Forest School Fun

As we all got back into the swing of things in early March we took 5J's technology lessons out into our Forest School. Our focus this half term was to learn how to start and maintain a safe fire in the woods. We learnt about fire safety and how to use fire steels to make a small, safe cooking fire. Our challenge for the last week of term was to collect our fuel from the woodland, prepare our fuel and fire area, light and then manage our cooking fires so that we could roast marshmallows and make a delicious forest s'mores snack - we had a great time! The feeling of achievement when our little fires came to life was fantastic. We will be working on our hand tool skills after Easter.





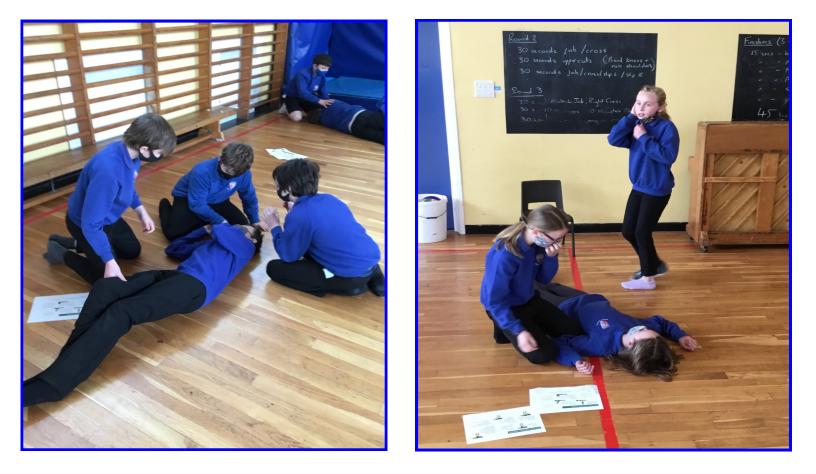




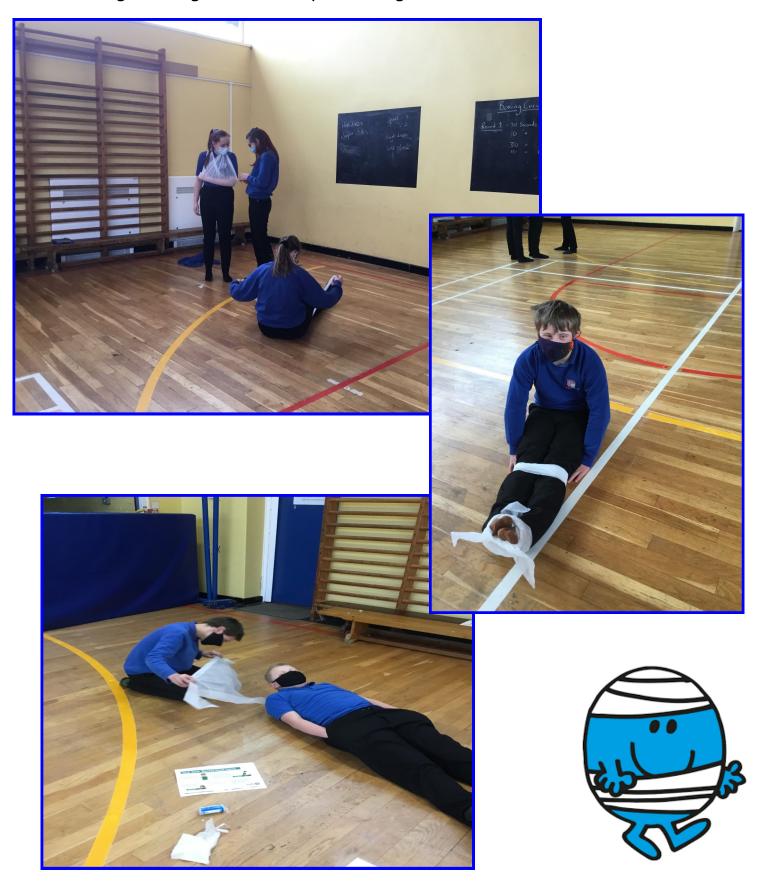


Year 7 First Aid

Year 7 have been learning about emergency first aid and how to complete a primary survey and put someone into the recovery position. These are really important lifeskills and all of the children did really well to learn these lifesaving techniques.

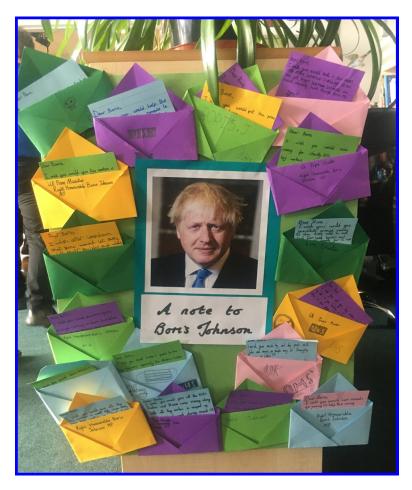


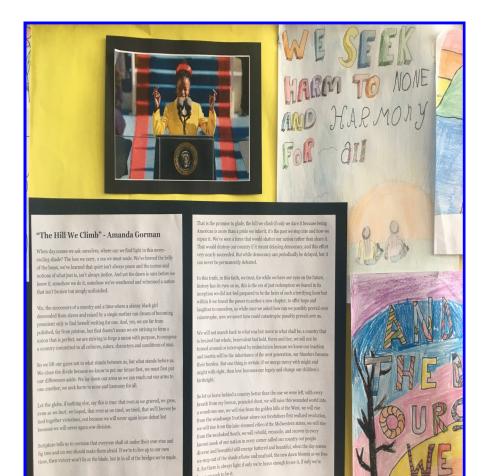
Prior to Lockdown (1 year ago!) the then year 7's started their first aid lessons and sadly they were unable to finish them. They are completing them now to gain their St Johns ambulance first aid certificates. They have been bandaging head injuries, leg injuries and arm injuries (and having fun together again while they are doing it!



A note to ...

Year 6 has been focussing on literature and poetry in English, which helps to support wellbeing and positive mental attitude. On Thursday, the pupils wrote notes to Boris Johnson asking for just one thing that they would like him to do to make things better after Lockdown. All of the notes came from the heart and varied from offering all NHS workers a special day off - to raising the price of sheep wool. We may send them all off to him, if we can find an envelope big enough! We have made a display in the library of our work to share our thoughts with everyone across our schools.



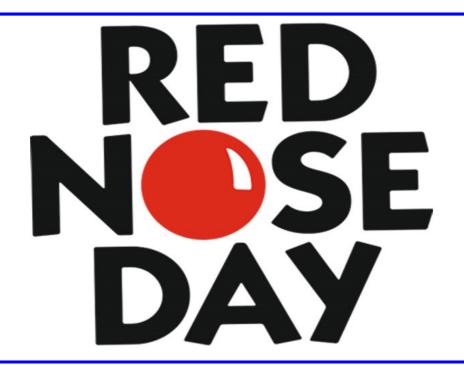


'The Hill We Climb'

Year 6 delved further into the now famous poem by Amanda Gorman 'The Hill We Climb' which she recited at the inauguration of Joe Biden. We saw how many of the images, phrases and lines in the poem were relevant in the context of this difficult last year. Pupils 'stole' their favourite and most meaningful lines and transferred these to posters, in order to give hope to everyone.



We have lots of new and exciting booked for the pupils. The new Libresoft system will be used after Easter for the Pupils of Glendale Middle School. COVID friendly of course!! Our talented staff here in school have made this wonderful reading display in the library



Thank you!!

Your children Raised £278.60 Across all of our settings. Thank You!

Easter Egg Competition 2021 Winners!











Year 5 1st Prize - Matthew 2nd Prize - Lexi & Dakota

> **Year 6** 1st Prize - Henry 2nd Prize - Brooke

> **Year 7** 1st Prize - Rhys 2nd Prize - Reuben



A special thanks goes to Susan Carr for her very kind donation to buy Easter eggs for the competition winners and an Easter treat for all of the children in school!







The Importance of Breakfast

It has come to our attention that there are many children coming to school in the morning without having had any breakfast at home. Consequently they are often hungry and distracted in the morning learning sessions.

The Academy of Nutrition and Dietetics says that children who eat a healthful, well-balanced breakfast are more likely to:

- Meet their daily nutrient requirements
- Concentrate better
- Have better problem-solving skills
- Have better hand-eye coordination
- Stay alert
- Be more creative
- Miss fewer days of school
- Be more physically active



Without breakfast, our bodies don't get the jump start they need to operate at their fullest potential throughout the day. Encourage young people to make breakfast a part of their regular household routines. By helping children learn important concepts about eating breakfast, it will lay a foundation of eating right for years to come.'

Making Breakfast Happen

We understand home life is often chaotic and it can be difficult to make a healthy breakfast happen when you're rushing to get yourself and the children ready in the morning.

So try these practical suggestions to ensure that, even in a rush, your children get a good breakfast before they leave for school:

- stock your kitchen with healthy breakfast options (fruit, yogurt, toast, cereal, milk)
- prepare as much as you can the night before (gets dishes and utensils ready, cut up fruit, etc.)
- get everyone up 10 minutes earlier
- let children help plan and prepare breakfast
- have grab-and-go alternatives (fresh fruit; individual boxes of whole-grain, low-sugar ce-

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Sickness

Please ring the school office by 9am to report your child's sickness and keep us updated daily. Thank you.

Contact Details

Please remember to inform the school office if you have changed your contact telephone number or moved address .Thank you.

Easter COVID email:

mrdeanehall@gmail.com



Schools reopen Monday 12th April





ENROLLING NOW FOR APRIL 2021

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