



Ukulele Club

I think the Ukulele Club is a great experience for children who want to play a ukulele; this is simply because the Angel Delights and Anna are very skilled ukulele players and are great with beginners and masters. The Angel Delights have put a lot of effort into teaching us the ukulele so we have all stuck in and became great musicians. So we thank the Angel Delights and Anna for introducing this brilliant instrument to us all.
Daniel Wilson and Ethan Herron 7D

Friends of Glendale Meeting

The next meeting is Thursday 11th May at 6.30pm. Please remember this is a forum where you can raise any issues about the school. Topics for discussion vary with each meeting. Please endeavour to come along and voice your opinions. We will also be discussing the summer fair and need volunteers to help make this a successful event.

**School Opens again on
Monday 24th April 2017**



Easter Egg Competition



Pupils from Glendale Middle School in Wooler took part in their annual decorated egg competition this week! Each year group participated, with fabulous entries ranging from "Egg" Sheeran through to Space EGgsploration and Tyrannosaurus REGGS! Thanks to the "Friends of Glendale" for donating the chocolate eggs as prizes.

The winners were:

- Year 5: Lily-Mae Tannock
Patrick Scott
Eden Ross
Year 6: Yasmin Ducker
Ruby Smailes
Tamara Rae
Year 7: Mia McLintic
Frances Maxwell
Koen Ross
Year 8: Carly Hindhaugh and Ellie Turner
Jessica Deane-Hall
Selena Rodrigues

Headteacher Headlines

We are very happy to report that the works in the school kitchen are now complete (just about!) and we expect to be operational again from the start of next term. This has been a big project and our thanks go to all of the kitchen team who have worked above and beyond to be able to offer school meals this term in a difficult situation. Thank you also to all staff who have worked around the loss of the Food Technology room as it was our 'kitchen' for the last 6 weeks.

Mrs Jeffrey and her team have been busy preparing for getting back into the kitchen by speaking to the children and listening to what they would like to see on the menu. The menu has been created using suggestions and ideas from the children and will operate on a three-week cycle - this will be reviewed after the first cycle is complete. The children will have the choice of the main meal, a vegetarian option or jacket potato with various fillings and the salad trolley followed by a pudding. Water, juice, fresh fruit and vegetables will also be available each day. Ordering systems will continue as before - the menu is attached to this newsletter and will be reviewed after the first three week cycle completes.

Keeping safe on-line - the digital world our children are growing up in can be a scary place. We have received a few concerns this term from children and parents regarding phones, tablet computers and the internet outside of school. Below are some links to useful websites and organisations where parents can find information that can make the digital world safer for children.

Useful links:

-  www.thinkuknow.co.uk
-  www.internetmatters.org/
-  www.commonsemmedia.org/
-  www.childnet.com/
-  www.e-safetysupport.com
-  Ceop.police.uk

Fund Raising

Coffee Morning raised £283.15

Book Fair - £173.00 was earned in commission

Comic Relief raised £394.30 between both schools.

Thank you for your support

Ready Steady Read raised £182.00 between both schools

WELL DONE TO ALL FOR HELPING US

Glendale Middle School has been very busy since September 2016; we've competed in a multitude of different sporting events with good success in all and occasionally, outstanding results. Once again the wide variety of sports competitions and outdoor activities that Glendale Middle School participates in has had a tremendous impact on the pupils.

Area Netball

On the 28th and 30th March, Glendale took 6 teams to play in the Area Netball Tournament at Tweedmouth Middle School. All year groups performed well with the Year 5 and 6 girls both finishing 4th. The senior girls fared slightly better with both year groups taking third place.

Cross Country at Longridge

Once again we took over 45 athletes to the Longridge Towers invitational cross country event; all runners did themselves proud and we even managed to win the overall first place prize in the boys' event with Max Murray-John coming home in a comfortable first place.

Area Rugby

We took a very strong team to Berwick to compete in the area rugby tournament, our boys were exceptional, winning all their games and taking first prize among strong opposition. Well done to all the boys who took part.

Area Football

The boys performed very well in this competition with both junior and senior teams finishing in the bronze medal position.

On a football note, one of our year 7 pupils, Koen Ross, was chosen to attend trials at AC Milan this term. He thoroughly enjoyed the whole experience.

Area Hockey

We took 4 teams to the girls' area hockey tournament all teams demonstrated great attitude and endeavour and were rewarded with top 3 finishes.

Area Cross County Championships

Historically a strength of Glendale, this year was no different with over 40 athletes running at the area championships. With great effort we managed to qualify no fewer than 18 runners to take part in the County Finals and from this a further 3 runners (Max Murray-John, Koen Ross and Ellie Henderson) have gone on to compete on the national stage.

Area Volleyball Championships

4 teams from year 8 contested this tournament. Both girl teams finished 3rd in their respective leagues, however the boys fared even better, both teams won their leagues outright and will go to the Northumberland Games as the North's representative in June.

CRICKET COACHING/WOOLER DEVELOPMENT TEAM

Since Christmas Tom Vickers, a county cricket coach, has been coming into school on Wednesday afternoons to run a cricket club. Tom will continue this club in the summer term and will also teach a block of lessons in tandem with Mr Pickup to further promote cricket. This has also come with the exciting opportunity of merging Glendale's team with the local cricket club to increase pupil numbers participating in competitive games.

Swimming Gala

For the first time in two years we have been teaching swimming; this unit will be capped off by an Easter Swimming Gala that will involve nearly every child in the school.

PEER MENTORING

This program, while still in its infancy, is proving quite successful and is allowing more vulnerable and less able pupils more practice with instant feedback. I hope this program continues to flourish and ingrain itself in game situations.

SPORT

Year 7 Mosque Visit

On Wednesday 22nd March 2017 year 7 went to Edinburgh Central Mosque, it was quite a long journey there was snow on the hills because it was cold outside. When we arrived we had to walk for 5 minutes then we reached the mosque. When we got inside we had to take our shoes off because it was respectful. In the building itself it was modern, there were no pictures on the walls and there were chandeliers that were big. It was spacious because there was a big carpet that everyone prayed on so there were no chairs or pews. First we learned about the five pillars of Islam, they were called Shahadah, Salat, Zakat, Sawm and Hajj. Then we went downstairs to look at the library and where the little children play when their family is praying. After the mosque we went to the National Museum of Scotland, first we had our lunch then we got split into groups, it was a really fun museum. First we went to the tech room, it was amazing there were robots that spelt your name, hot air balloons that you had to power, how planes run, how F1 cars run and loads more, then we went through to the animal room. There were a lot of stuffed animals which was really cool to look at. Then we went to the shop if we had money. Overall it was a really good day and I hope we can go back again.

Koen Ross 7D

Our Task!

Over the last four weeks year 8 have been working with students from Newcastle University on planning a new build at Ferguson's yard. We have done independent and group work. Also we have talked about safety and what makes a safe place to live. Finally we worked in groups to plan and present our idea in a competition in front of the owner of the land, a parish councillor and finally some very important visitors. This was a very exciting project and I would love to do it again.

Brooke McFarlane 8T

Violin Lessons

Year 5 are continuing to learn the violin with the talented Frances Ord. We are making progress and have performed at Christmas and during Performance Week. We look forward to performing more often in casual assemblies.

Makoto Kurio and David Todd 5P

Hindu Temple Visit

On Wednesday 8th March year six went south, to Newcastle to visit the Iskon Hindu Temple.

When we got there we had to take our shoes off and put them on a rack. Next we met a nice lady called Kirtida. Once we sat down she sang us a hindu song and told us about the Indian drums. Once we finished asking questions she told the girls how to put on a sari, and told the boys how to put a turban on. I had to ask Miss to put mine on. The Hindu paints were very colourful and very messy! But we finally got it all cleaned up. Then came the best bit of all. Lunch! It was delicious! We had curry, flat-bread, golden rice with paneer (cheese). We also had vanilla ice-cream with caramel sauce. Once we had lunch we got back on the bus and headed back, I thoroughly recommend it as a day out.

Max Murray-John 6J

Synagogue Visit

On Thursday 16th March 2017 year 5 went to a religious place called a Synagogue. We sat in the Synagogue for about 45 minutes and then went to the museum. A lady called Deanna Van de Velt showed us round, then she took us into a big room with loads of chairs. Deanna sat on a chair in the middle of the room. She then talked to us about different gods and tales from the Jewish bible. Makoto opened a big cupboard to show us the Torah and then Ben closed it. All of the boys tried on Kippas and they looked like pancakes but a different colour. Then after that we went to the Hancock Museum. The Museum was really fun and we discovered lots of gems and crystals. It was amazing.

Chloe Hodgson 5P

FORD AND ETAL SAWMILL

On Monday 6th March 2017 year 7 went to Ford and Etal Estate. We arrived on the coach, and then met Mr Nevins who showed us around. We saw the timber harvester and watched it in action. We learned about all of the safety clothes and about which animals are good. Then we got back on the bus, and went to the sawmill. We saw the wood get cut, treated and stacked. To finish off we collected a plank of wood each, to make our bird box with. Then we got on our bus and came back to school.

Frances Maxwell and Rebecca Gray 7D

Comic Strip Competition

A Glendale Middle School pupil won a road-safety comic strip challenge, organised by Irwin Mitchell Solicitors in partnership with Northumbria Police and Durham and Cleveland Constabulary. William Richards was selected the winner in the Northumbria force area for his comic strip Slow Down, Phone Down. PC Jami Blythe, of Northumbria Police's Operation Dragoon, said: "William's entry stood out from others as it was clear he had put a lot of thought into the story and how he could tell it in comic-strip style. William had thought carefully about the consequences of dangerous driving, not just to a casualty, but also to the driver who lost his job and had to pay a hefty fine in the story."





Future proof your child



How to future Proof your child

In a recent article in The Telegraph newspaper Anna Tyzack put forward some compelling thoughts regarding how we might all prepare our children for their future. She writes:

How do you prepare your child for a career in rewilding strategies or memory storage? These crazy-sounding jobs could be among the careers today's schoolchildren will embark upon. "We don't know what the future holds, only that children are going to have a very different career structure from our own," says Hugh Milward, a father of four and head of corporate affairs for Microsoft.

With so much at stake, it's no wonder that we are so preoccupied with parenting. In a recent interview, the author and TED speaker Simon Sinek blamed "failed parenting strategies" for the narcissistic, "quitterish" tendencies of the millennial generation. "They were told they were special, they could have anything they want," he says. "They got medals for coming last. Then they were thrust into the real world."

There is no "right" path any more, according to James Nugent, university recruitment manager for GSK. "School leavers can take up apprenticeships at major graduate employers and skip university altogether," he says. "You can have several different careers, even within the same company."

Digital literacy will certainly help the iGeneration find work but so too will attributes such as adaptability, problem solving and leadership. "You can't simply outsource these skills to school. There is so much you can do at home," says mother-of-two Laura Hinton, who is head of people at PwC. Children's mental health must also be a top priority, says Emma Saddleton of the charity YoungMinds. We need to protect them from the dangers of a digitised childhood. "Children can plug themselves into devices which give them autonomy and rights," she says. "But as a parent you have a right – and a responsibility – to safeguard them." Don't get too fixated on getting it right, though. "The most important thing you can do is give your children skills to cope when things go wrong."

The article contained 25 ways that parents can help their children. Below are some of these thought provoking ideas – have a read and see what you think.

- **Teach them hard work pays**

Don't jump in to help with their homework, and reward them only when they have truly worked hard. It's essential for young people to experience the feelings of satisfaction and achievement that accompany hard graft. Society has become so set on achieving a healthy work-life balance that the younger generation has become work-shy, according to Simon Sinek. They leave work on the dot yet wonder why they're not moving up the career ladder.

- **Make them wait**

Don't give your child what they want in order to avoid a tantrum, or rush to replace their phone when it is broken, warns clinical psychologist Dr Jessamy Hibberd. "Everything happens so quickly in our world of smart phones and online shopping but patience is still an essential skill," she says.

- **Lead by example**

Children mimic their parents. "If you want them to grow up well adjusted, you must first evaluate yourself," says Sinek. This means modelling social skills to help your child get on in the world: eye contact, positive body language, good manners and consistency in your behaviour. "If you've banned your children from having phones in the bedroom, don't have yours by your bed," he says.

Remember, they are the child

Your child must be able to accept authority. Set ground rules and boundaries with heavy implications if they are broken. "Parents can feel powerless, particularly when it comes to technology, but you must pull them up on back chat and rudeness," says Emma Saddleton of YoungMinds. "It is never too late to assert your authority."

Help them to listen

The simple act of listening is invaluable in today's changing workplace, according to Hugh Milward. "Nurture their fascination with ideas and concepts," he says. "An inquisitive child is nearly always a good listener."

- **Restrict their screen time**

It's unreasonable to think you can ban screens entirely but you must restrict their usage to protect your child from the social pressures that accompany them, insists Saddleton. Time Tokens is a scheme whereby children can "buy" screen time from their parents using vouchers. Sinek urges parents to enforce a rule banning phones from the kitchen table. "A phone on the table at dinner or in a meeting gives a subconscious message that you have more important people to talk to," he says. "Phones are highly addictive, like gambling, alcohol and nicotine, and so you need to use them in moderation."

- **Make friends not followers**

Sinek blames social media for the younger generation's constant need for praise and an inability to deal with criticism. Encourage your child to socialise through clubs, classes and hobbies. These group situations will help them become team players and demonstrate the value of face-to-face interaction over "likes" and "followers". "The people who will thrive in the workplace of the future are those who are open, curious and adaptable, with the ability to collaborate," says Candida Mottershead, HR director at Accenture.

- **Dare to be different**

Encourage your child to have an opinion, and a thought process through which they have arrived at it, says Laura Hinton of PwC. "Employers are impressed by this, even if they don't agree," she says. Parents should also support their children to do things differently from their friends, adds Sinek. It will build their confidence.

- **Teach the art of conversation**

Softer people skills are as important as academic prowess. "Encourage your child to speak up when they are talking and to use words correctly," says Hinton. But don't confuse self-confidence with showboating, adds James Nugent. "You don't need to dominate a discussion to make a good impression."

- **Help them to accept knock-backs**

"Don't wrap them up in cotton wool, they need to learn to bounce back and deal with failure, academic and otherwise," says Saddleton. "Don't tell them their work is brilliant when it's not, don't step in too soon, don't stifle them." Instead, build their self-confidence and resilience by encouraging them to take risks. "Companies would far rather recruit people who are prepared to have a go than those who aren't prepared to fail," says Hinton.

- **Know there's no shame in asking for help**

Asking for and offering help are essential skills, according to Sinek. Encourage your child to be quick to help others and to feel no shame in asking for assistance when struggling.

- **Be a stickler for first impressions**

Encourage your child to be courteous on the phone and when answering letters, emails and texts – all vital skills in the workplace. A tailored suit might not be necessary in their line of work but they will still need to look presentable.

- **Talk about their feelings**

However unnatural it feels, you need to tell your child that it is OK to feel sad, angry or nervous rather than trying to make things better for them. Research by the Yale Centre for Emotional Intelligence suggests youngsters who can label their emotions and articulate them grow up to be happier, healthier, higher-achieving students who make better decisions in their lives and relationships. "Emotions are the drivers of attention, decision-making, relationships and our health," says Mark Brackett, director of the Yale centre and founder of RULER, an emotional health programme that is being adopted by schools across Britain.

- **Cook and eat together**

Children who eat with their parents have a more positive outlook, get better marks at school, enjoy higher self-worth and are even less likely to start smoking or taking drugs in their teen years, says Carey. "Studies show a direct link between the number of family meals and a child's emotional wellbeing and school achievement." Encourage your child to cook healthy meals with you. Not only does this cultivate an essential life skill, but it can also be great fun for both of you.

- **Send them to bed**

Be strict about bedtime, says Saddleton. Sleep has proven advantages for memory and performance and recent research has suggested that long-term sleep deprivation can increase the risk of heart disease, obesity and cancer. A minimum of eight to nine hours' sleep on school nights is recommended for teenagers by the NHS – and if we also turn out our own lights at a reasonable hour, that will only help to make parenting easier.



Dates for your Diary



Date	What is happening	Notes
24 th April	School starts again	School begins promptly at 8.50am
1 st May	Bank Holiday	
11 th May	Year 5 Reports issued	
8 th – 12 th May	Year 6 SAT's Exams	PLEASE AVOID TAKING YOUR CHILD OUT OF SCHOOL DURING THIS TIME
26 th May	Sky Sports Mentor visit day School closes at the end of the day for half term holiday	
5 th June	School starts again	
5 th – 9 th June	Year 7/8 – Condoval Hall Residential Visit	
19 th – 23 rd June	Year 6 York Residential Visit	
19 th June	Year 7 Reports issued	
30 th June	Year 8 DCHS/ Berwick Academy Transition Day New Intake Day - Year 4 pupils visit Glendale for the day	
4 th July	New Intake Parents Evening – 6.00pm	
6 th July	Sports Day (afternoon)	Parents welcome to join us – more information to follow
8 th July	Summer Fair 10am – 12pm	More information to follow
10 th – 14 th July	School Activities Week – many activities will be on offer for pupils to participate in.	More information to follow
17 th July	Duck Race Y8 Leavers BBQ	More information to follow
19 th July	Presentation Assembly – 2pm	More information to follow
20 th July	Leavers Assembly – 2pm School closes at the end of the day for Summer Holidays	More information to follow

World Book Day

GMS enjoyed celebrating World Book Day which fell on the 2nd March this year. The majority of pupils (and teachers) dressed up as their favourite book characters and throughout that week opportunities for pupils to enjoy reading activities were given across the curriculum. Pupils were given book vouchers, entered competitions and took part in a sponsored read (raising £182 – thank you ☺). KS2 pupils had a thoroughly delightful time with a visiting storyteller, Tony Wilson, who inspired and created stories to original and memorable songs linked to writing and the curriculum. Alyssia from Year 5 said 'It was so much fun and his teaching was exciting.' Makoto from Year 5 said 'All classes enjoyed the workshop and he should definitely come back next year!'



Year 8 - English

This month, Year 8 completed a unit of work in English which saw them write and present a persuasive speech. This culminated in the pupils showcasing their speeches in the hall in front of an audience of pupils and teachers alike. The speeches were in depth, far reaching and tackled a range of issues from Air Pollution, Poaching and even the presidency of Donald Trump! Year 8 worked very hard on their vocabulary and imagery and it was an opportunity for all to see that our young people have very strong views and opinions about current issues and that they are very much engaged in the world around us.
Well done Year 8!



OUR THANKS GO TO

Ms Robson, Mrs Todd and Mrs Lindsay for helping with visits and sporting fixtures.
If we have forgotten any one, we apologise and you will get a mention next time.

How to future proof your child – further reading...

The full article on these thought provoking ideas can be read online at The Telegraph website –
<http://www.telegraph.co.uk/women/family/25-ways-future-proof-child/>
Or on the timetokens site –
<https://www.timetokens.com/blogs/news/25-ways-to-futureproof-your-children>



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