Glendale Community Middle School

W.C 18.05.2020: Learning Project – Sport

We have adapted and expanded our learning project so that you have a range of activities to choose from. As always, please work in a way that suits you, and choose activities that work for your child. We're following the BBC Bitesize Lesson schedule. All other activities are intended to enhance children's learning and to provide alternatives, if needed. Please continue to encourage your child to:

- Read for 15-20 minutes per day.
- Practise times tables, get your child to play on <u>Times Table Rockstars</u> if possible.
- Complete the BBC Bitesize daily English lessons.
- Work through the BBC Bitesize maths lessons for the week, accompanying worksheets can be found on this week's Home Learning page school website.
- Share their work with us and keep in touch via Seesaw, we're really enjoying seeing what everyone is up to!

Weekly Reading Tasks	Weekly Spelling Tasks	Weekly Writing Tasks
Monday- Ask your child to read the sports pages of a newspaper and consider the language used. They could add interesting language to a sports' word bank.	Monday- Can your child list sport related noun phrases and verbs that correspond with each letter of the alphabet? This will support their writing tasks.	Monday- Visit the Literacy Shed for this wonderful resource on The Catch. Or create a short victory story about a character succeeding.
Tuesday- Here is a reading comprehension activity about circus performers. Ask your child to read the text in under 3 minutes and complete the questions.	Tuesday- Can your child complete this word search which focuses on words ending in -cial or -tial? Can they find the meanings of these words too?	Tuesday- Task your child with writing two newspaper articles on a sport of their choice, one reporting on an event and the other reporting 'behind the scenes'. Pay attention to the different language that will be used in each. Can your child include direct speech from 'interviews'?
Wednesday- Ask your child to listen to and read along with <u>Arundel Swimming Pool</u> . Ask your child to summarise each verse using one word only.	Wednesday- Ask your child to create their own sporting wordsearch. This could include the names of athletes, sports or sporting equipment.	Wednesday- Ask your child to choose a sports person they admire. Encourage them to create a biography which tells the story of their life in chronological order.
Thursday- Encourage your child to listen to a free ageappropriate audiobook here , choose a book from Oxford Owl or continue with their reading book.	Thursday- Can your child unscramble these sporting words: queenmipt, poicmlys, tannidmob, cagminssty & pochmashpini.	Thursday- Ask your child to choose a sport which is popular in another country and write an information report, giving key details about the sport and its history.
Friday- Ask your child to consider the actions of a character in a book they've recently read. Do they agree or disagree with the actions? They should verbally give reasons for their opinions and justify them using evidence from the text.	Friday- Pick 5 Common Exception words from the Year 5/6 spelling list. Challenge your child to spell them as you throw a ball to each other. Everytime the ball is thrown the next letter must be said.	Friday- Your child can create a persuasive leaflet for a new school sports club. They should use persuasive language including modal verbs (e.g. will, should) and adverbs of possibility (certainly, probably).



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Weekly Maths Tasks - Position and Direction	Geography	History
Monday- Get your child to watch this <u>video</u> to understand the difference between reflection, translation and rotation.	For Geography, you can choose to complete activities from the Learning Project listed below or use BBC Bitesize. The Learning Project ideas will change every week and there's lots to choose from. Have fun! Miss Milburn BBC Bitesize weekly geography lessons take place on Tuesdays. You can access them online all week or via the red button on your TV remote on a Tuesday. Here's the link: https://www.bbc.co.uk/bitesize/tags/zncsscw/year-6-lessons/1	History lessons for Year 6 will now follow the weekly lesson schedule from BBC Bitesize as these follow the national curriculum and planning from our own setting. Have fun, I hope you are all well, keeping safe and making the most of this time at home with your families. Miss Hall This week's lesson is: The Anglo Saxons Access it here on Monday or via the red button on your TV remote: https://www.bbc.co.uk/bitesize/tags/zncsscw/year-6-lessons/1
Tuesday- Place several household objects on the ground indoors or in the garden. Blindfold your child using a scarf and using the positional language, such as turn left, right, forwards, clockwise etc. and give them instructions to lead them to the items. You could say something like: "Turn 90 degrees left, move forwards 3 spaces." Can your child follow the given instructions to find the object? Wednesday- Using this online resource, ask your child to		
make a pattern and then reflect it. Or try this activity that allows reflecting, translating and rotating practice. Thursday (theme)- Play catch. Each time the ball is caught, count up in a particular multiple (this could be any number between 2 and 100). If the ball is dropped, start again. It		
can be made harder by spacing out or by giving a higher target number. Friday (theme)- Can your child invent an active maths game with different movements for odd and even numbers?		

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- **Sport Genius-** Ask your child to research about <u>sporting history</u> and see how many different <u>facts</u> they can find out about sports from the past. Ask them to create their own sporting trivia guiz which they can test out on members of the household. Or place different sporting events from the last 100 years onto a timeline.
- Sporting Heroes—Get your child to select their favourite sporting star. Then they can draw a portrait of them in the style of the famous pop artist Roy Lichtenstein using felt tip pens or paint.



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- <u>Name that Sport -</u> Get your child to create an <u>orienteering map</u> of your home/garden. At each location they will need to create a question relating to a sport e.g. Which sport has the most rules? The answers can then be recorded on an orienteering sheet. How about giving them a challenge? Can they create an answer that begins with the letter of the next location? Get your child to test it out on a family member.
- <u>Beat It!</u> Begin by getting your child to measure their resting heart rate by counting how many beats in a minute. Then get them to carry out an exercise e.g. running, skipping, star jumps etc. for 3 minutes. Once they have completed this they are to carry out a recovery activity e.g. walking or sitting and see how long it takes for their heart rate to go back to normal. Ask them to repeat this with different recovery exercises to see which is the most effective at getting their <u>heart rate</u> back to normal the quickest. Can they create a way of showing their results?
- <u>Anyone Can Be a Champion!-</u> This activity is all about exploring the diversity of sport. Ask your child to research the history of the <u>Paralympics</u>. Discuss why we have the Paralympics. Get your child to create a poster which presents the importance of the Paralympics and the range of different sports there are.

Adapted from #TheLearningProjects by Robin Hood MAT in collaboration with STEM Learning





